

Peak Weekender

When are the weekends?

Weekends are scheduled throughout the year, so if you can't make one of the dates listed, there will be more later in the year. Alternatively, get in touch and I'll see if I can arrange something for a weekend which suits you.

How many people can attend

Numbers are limited to 7 clients for each weekend. If there are a group of you, and there are more than 7, just get in touch and I may be able to accommodate you.

Weekends can also be planned on a 1 to 1 basis, where the training can be tailored exactly to your needs. Contact me for prices and dates.

Who is it for?

If you have fitness goals and you like a challenge, this is the weekend for you! Primarily aimed at those training for a major European sportive, such as [The Marmotte Grandfondo](#) or [L'ETape du Tour](#), we will cover sufficient distance, and gain enough elevation over the weekend to give you the confidence for taking on the big event of your season.

You don't have to have a sportive or race to aim for however. Maybe you just want to find your climbing legs or just get fitter, but whatever your reasons you will gain a sense of accomplishment along with some fitness when you have conquered a Peak Weekender!

What is included?

- Telephone/online briefing prior to the weekend
- Accommodation recommendations/advice
- 2 days of fully guided riding with a guide with 40 years of experience cycling in the Peak District
- Mechanical assistance, including transport back to the meeting point or your accommodation (whichever is suitable) if your bike cannot be repaired at the road side
- 2 myHill Cycling bidons
- Pre-ride coffee and pastries on both days
- GPX route files sent in advance of the weekend
- Secure parking

What is not included?

- Accommodation
- Travel
- Lunch
- Insurance

Where can I stay?

There are 2 hotels in the Peak District both within easy range of the starting point:

The Bike and Book which caters specifically for cyclists and walkers. This is 7 miles from the meeting point. www.bikeandboot.com/peak-district

Premier Inn Darley Dale. This is 12 miles from the starting point.

www.premierinn.com/gb/en/hotels/england/derbyshire/matlock/matlock.html?cid=GLBC_MA_TBAK

There are obviously plenty of other hotels in Sheffield and Chesterfield.

In terms of traditional B&B, and the places listed below are close to where the starting point (I've listed them in order of closeness):

Derwentwater Arms, Calver, <https://www.derwentwaterarms.co.uk/>

The Moon, Stoney Middleton, <https://www.themooninn.com/>

Chequers, Froggatt Edge, <https://www.chequers-froggatt.com/>

Robin Hood Farm, Baslow, <https://www.robinhoodfarm.co.uk/rooms>

Maynard, Grindleford, <https://the-maynard.com/>

What you need to have with you on the rides.

- A road worthy bike
- Helmet
- 2 x water bidons and snacks for eating whilst on the bike
- Cash/card for the lunch stops
- 2x Inner tubes or sealant
- Water proof rain jacket – even if rain isn't forecast
- Suncream if hot!
- Suitable clothing for the conditions – good idea to have leg/arm warmers as these can be put on/removed if the weather changes (which is frequently does in the Peak District!)
- Charged mobile phone

NOTE: Please ensure that your bike is fully prepared before the weekend so that we can make a prompt start each day, however should there be any last-minute repairs/adjustments, a tool kit, pump and bike oil will be available at the meeting point.

Itinerary

If you are booking accommodation, you will ideally arrive in the Peak District on the Friday evening.

Saturday:

9am – Arrive and park at the Eyre Arms in Calver. Get bikes out of the car, get kit on and go over the road to [Café 19 At Whites](#) for coffee and pastries.

Ride approx. 60km. At some point we will have a brief snack stop.

Lunch at [Peak View Tea Rooms](#). A table will be reserved.

Ride approx. 60km with a brief snack stop included – or maybe an ice cream!

The ride will finish at the morning meeting point and you will return to your accommodation, or have a dinner at the Eyre Arms before going back to your accommodation.

Sunday:

9am – Arrive, and park, at the Eyre Arms in Calver. Get bikes out of the car, get kit on and go over the road to [Café 19 At Whites](#) for coffee and pastries.

Ride approx. 55km

Lunch at [The Blue Lagoon Café](#).

Ride approx. 45km

The ride will finish at approximately 3pm to give you sufficient time to travel home. You can, if you wish, have lunch at the Eyre Arms before departing. A table will be booked if you wish to do this.

NOTE: As this is a guided ride with a small group, adjustments to the route can be made throughout the day to take into account changing weather conditions, fitness of the participants and any mechanical issues.

Payment and cancellation T&Cs in addition to/in lieu of [general T&Cs](#):

Cancellations made by the client:

1. Full payment is made at the point of booking.
2. In the event of a cancellation by a client, an alternative date will be offered in the first instance, but if a refund is requested, the following will apply:
 - a. A full refund will be given for a cancellation made prior to 60 days before the date of the event.
 - b. A 50% refund will be given for a cancellation made prior to 30 days before the date of the event.
 - c. A 25% refund will be given for a cancellation made prior to 7 days before the date of the event.
 - d. No refunds will be offered within 7 days of the event.

**All cancellations will be reviewed on a case-by-case basis, and in exceptional circumstances, a full refund will be given right up to the event date.*

Cancellations and changes made by myHill Cycling:

1. We reserve the right to change itinerary/location in circumstances that are beyond our control. In any such event we will go to every effort to provide for a substitute arrangement of equal value to the extent this is possible.
2. We reserve the right to change or cancel any event, itinerary or part thereof in the event of weather conditions which are deemed unsuitable. We will advise you of this no later than 7 days prior to departure.
3. Third-party entry fees (where applicable) paid on your behalf by myHill Cycling will be non-refundable if an event is postponed or cancelled, unless the third party provides a full refund of entry fees to myHill Cycling.
4. Other payments already made to myHill Cycling will be refunded in full. However, you should utilise your insurance cover for any loss you suffer before requesting or accepting a refund from us.
5. Payments made for accommodation to a third party are not refundable by myHill Cycling and it is the responsibility of the client to ensure their accommodation has a cancellation/refund policy.
6. No further claims for compensation will be accepted.